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28 August 2023

ASSISTANT PRINCIPAL'S REPORT

Hi families,

It has been a very busy few weeks here at Larapinta, and things don't look to be slowing down as we build up to the "Over the Rainbow" school concert on Thursday 7th September, Alice Can Dance at Araluen on Wednesday 13th September, excursions and the end of term Learning Expo! I am tired just thinking about everything we have packed into this term!

Sick Children

We have had a lot of sickness going around over the last week, and while we all know that every school day is important, we really need sick children to stay home until they are feeling 100%. Children who aren't well, cannot do their best learning. I understand a sniffle might not seem like much, but when one child brings a bug to school, it quickly infects others, including the teacher!

Swimming

Swimming lessons wrapped up on Friday. It was a big two weeks for our Year 1/2 students and staff. Everyone has put their best foot forward, with some conquering their fears of the water. It has been great to see them arriving back with big smiles on their faces each day. A big thank you to all our staff, especially Mr Smith for driving the bus for us!

The Amazing Race


Last Thursday night, we held the annual Year 5 sleepover and Amazing Race. This year's theme was a 'Decades Dash', with students travelling through time from 1950 to the present day. Their challenge was to complete one task from each decade, along with some detours and roadblocks. My highlight was watching each team try to shave 10 minutes off their finishing time by doing the Evolution of Dance. Thanks to Mrs Campbell, Mrs Whyte, Mr Simpson and Miss Josie for sleeping over. Thanks also to Miss Barblett, Mrs K, Mrs McGifford, Mrs Kleeman, Mr McCarthy, Miss Kim and Darcy Bellis for coming along to help out. Volunteers always help things run more smoothly. The RED team were victorious, with a special mention to the runners up in PURPLE. It was fabulous to see everyone working together

and having a good time.

Book Week

Book Week Reminders

- ✓ Bring book for book swap on **Tuesday 29th August**
- ✓ Where's Wally Hunt on **Wednesday 30th August** at break time for students.
- ✓ Dress Up as your favourite book character on **Thursday 31st August**
- ✓ Multi-age book activities in classrooms from **9-10:30am on Thursday 31st August**
- ✓ Book Quiz in the hall on **Friday 1st September** with great prizes!



Although last week was officially 'Book Week', we will celebrate this week! This year's theme is 'READ, GROW, INSPIRE'. For many children (and some adults!), it is a chance to dress up as their favourite story character and parade around the assembly hall to some upbeat music, but for me it so much more than that. It is an opportunity to celebrate reading and shine the spotlight on the power of books and stories. There are so many benefits to immersing yourself in a great book every day. It stimulates your brain, helps reduce stress, builds your knowledge base, helps expand your vocabulary, improves your memory, thinking skills, focus and concentration, helps with writing, and provides you with hours of entertainment...the list goes on! I read to, and with, my own two children every day, even when they learned to read for themselves. We travelled all over the world and across time together every time we opened a new book. We still share book recommendations, and often read the same book so we can talk about it together. So, I'll sign off with a quote from one of our recent favourites, "Runt" by Craig Silvey. "Everyone deserves to walk their own path." I just hope it is a path to a book shop and that you love "Runt" as much as we all did!

Happy reading,
Jackie

SCHOOL SNAPSHOT

IMPORTANT DATES

DATE	
Term 3	
Wed 30 th Aug	Year 6 CMS orientation
Thurs 31 st Aug	Year 5/6 excursion
Thurs 31 st Aug	Book Week dress up parade
Fri 1 st Sept	Transition excursion
Thurs 7 th Sept	Whole School Concert

LIFEGUARD TRAINING

Royal Life Saving NT in partnership with NT Government are offering FREE training to eligible Territorians in the field of Pool Lifeguard through the Pre-Employment Program.

The Take the plunge – Teach a skill for life program is about creating employment pathways in the Aquatic Industry across the Northern Territory (NT) using Vocational Education and Training (VET) with a focus on identified skills shortages in Swim Teachers and Pool Lifeguards. Employment within the Aquatic industry can be full time, part time and/or casual.

With the industry projected to grow into the future, it is a great industry to get involved in with lots of opportunities to grow your career and make a meaningful impact in your community. Aquatic industry roles help to make a positive impact on people's lives. They allow you to work all over Australia calling on the many soft skills you may already have from previous jobs or teaching you skills if it is your first job

Bookings are essential, terms and conditions apply. Strictly limited number of positions available.

Alice Springs Training Dates:
(Must attend all three courses)

Bronze Medallion	22nd September
First Aid	21st September

If you would like to apply for this funded training, please complete the attached application form and email it to the Training Manager: <http://trainingmanagernt@rlssa.org.au>

Contact **Rebecca Gawne**, Training Manager Royal Life Saving Society Australia (NT Branch) Inc for further information. Phone: 0408857808 Email: trainingmanagernt@rlssa.org.au

Website:

[Click here to visit the Royal Lifesaving webpage](https://www.royallifesaving.com.au/)
<https://www.royallifesaving.com.au/>

[Click here to download the Take the Plunge Application form](#)

NUTRITION NEWS

IDEAS IN NUTRITION

Do Dairy

Next week is Healthy bones week and Accredited Practicing Dietitians recommend sending dairy to school every day. Dairy foods have plenty of calcium to help develop strong bones.

Ideas for dairy in school lunch boxes

- 1 UHT milk poppas can be stored outside a fridge until they are opened.
- 2 Look for yoghurt that has less than 15 grams of sugar per 100g.
- 3 Create your own healthy yoghurt by adding fresh fruit to unflavoured/unsweetened yoghurt



SCHOOLZINE APP – NEW IMPROVED VERSION

Do you use the Schoolzine Newsletter app? It's free and a great way to keep up to date with important information about upcoming events and exciting things

that have been happening at school. It also enables you to view previous newsletters. The newsletter can be read in a range of languages; just select at the top of the page.

Please see below for instructions on how to install/update the SZapp:

SZapp Version 4.0.0



There is a new version of SZapp available for Android and IOS Devices. Please ensure that you have updated to this version to assure you receive communications from the school.

If you are using an Android Device, you will need to uninstall the old app and install the new version.

IOS Devices (iPhones) will be able to update without requiring a re-install.

We apologize for any inconvenience this may cause, but we are confident that the improvements in the new version will make it worth it.

[Click here to download the Installation Guide](#)

PRESCHOOL NEWS

Werte from Preschool

Preschool engaged in lots of cool science experiments over the course of science week. They had lots of fun watching as well as carrying out their own experiments based on our classroom interests.

They hatched frozen dinosaur and insect eggs made from bicarb soda with vinegar, exploded coke with mentos mints, blew up a balloon with bi carb and vinegar, made colours swirl with the milk and detergent experiment, made a rainbow with skittles, created a lava lamp, made volcanoes in the sand pit and went up to the primary school to engage in a lesson about Cubetto – the friendly robot!



It will not end in Science week though, as we will continue to explore different science experiments over the next few weeks.

"Science is like magic but real"

Book week Event – FRIDAY SEPT 1st – Preschoolers are welcome to attend the school assembly at the primary school (8:45am) in their dress-ups, and then join us back at preschool for a morning tea picnic and book reading in the playground. We hope to see you there!



Also, did you know the CFC has a 'shop'? Role-playing games like shopping gives children the opportunity to practice new words and concepts.

Learning doesn't stop when children leave, check out our superstar Nikita busy reading on her bus trip home. Families with children under 5 are welcome to pop in to check out our space and see if FaFT is right for your family.



CHILD AND FAMILY CENTRE (CFC)

Our vision is that every child has the best possible start to life.

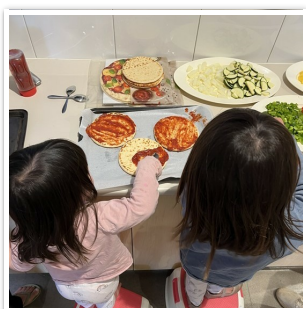
Children and families are at the centre of all we do.

We live and work on Arrernte Country.

Werte!

Families as First Teachers!

Did you know that little children make millions of connections in their brain EVERY MINUTE! At FaFT we provide a space for children and their grownups to engage in lots of different learning.



The weather has been lovely, so we've been exploring the outdoor environment, using our bodies and our brains to practice new skills.

Strong Young Parents!

Another young mother gaining her independence and obtaining her licence! Koranah has been attending the Family Centre and engaging with the Young Mums Coordinator and has been ticking off her goals - and this was a big one! "I can't believe I passed FIRST time!" was her reaction! We are all very proud of you Koranah, congratulations.



A group of men part of the Young Fathers (and maybe some not so young!) have been attending a Small Engines Training program with the Centre for Appropriate Technology. Soon they will be able to repair lawn mowers, whipper snippers and chainsaws. All part of a plan to develop a group who can support each other to do small maintenance jobs in each other's gardens and homes – to help keep places safe and healthy for kids! Well done guys!



Healthy Day!

Every day is 'healthy day' at the CFC but sometimes we like to have some fun and celebrate being healthy! Last week we had a 'Healthy Day' and we invited our friend Milpa the Trachoma Lizard. Milpa reminds everyone to have 'Clean hands – Strong eyes!'. We love Milpa! He even reminds us to brush our teeth with a really fun interactive 3D colouring game!



We shared healthy food and had lots of fun! Everyone got a healthy take home pack.



Kele Mwerre!

