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11 August 2023

PRINCIPAL'S REPORT

Dear families,

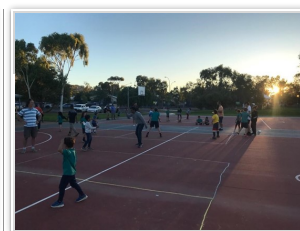
NAIDOC WEEK

Last week saw a lovely focus throughout the school on our Elders. It was very special to have so many family members come along to assembly, spend time in classrooms, and share morning tea. Such a treat for our kids to have their families at school. Please know that you are always welcome and we'd love to have you drop in when you can. A huge thanks to our organisers who worked hard to make it all happen.



DADS AND KIDS HANDBALL CHALLENGE

What a great event this was! Thanks to Joe Schofield and Jarrad Simpson for organising and to all the dads and kids who came along. I think the kids might have the edge on handball.



How Fathers Play an Important Role in Their Child's Education

Current research has found that dads who engage with their children's schooling can make a huge difference in the child's education and academic advancement.

Attending parent/teacher evenings, being on School Council, volunteering on sports days, attending class BBQ's – the list goes on. These are just some of the ways dads

can connect with their children's learning and be an important part of their school life.

When available, dads can help in the classroom, go on excursions or be a class mystery guest during the year.

Remember that learning should not be restricted to school-work. There is a whole curriculum of life-skills that a father can teach a child.

Never underestimate the impact a good father can have, not just by providing for and protecting their kids, but also through teaching.

SWIMMING

A reminder that swimming starts next week (for two weeks) for Year 1/2 classes. You can get ready by making sure that your child has bathers, a towel, and goggles if they need them each day and that everything is labelled. Swimming is part of the Physical Education program, and all children are expected to participate. It's very important that children learn to swim for safety reasons. Swimming is also a great leisure and fitness activity. Qualified instructors teach these classes. Please encourage your child even if they are hesitant so they feel comfortable to attend.

SCHOOL SURVEY

The annual school survey opened this week until Friday 25th August. We hope all parents will take the time to provide the school with feedback to help us continue to improve our work here at Larapinta so we can provide the best possible experiences for your children. We will send out a link through our messaging system and place it on Facebook. Classroom teachers, the front office, and the CFC will make iPads available for parents who wish to complete it here at school. It doesn't take long and whilst you can start and come back to it, I'd encourage you to start and complete it in one sitting as we often have many surveys that are started but not submitted.

[Click here to complete the survey](https://www.schoolsurvey.edu.au/s/45zsjn7h/LogIn)

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INCREASED FUNDING

The Federal Education Minister, Jason Clare, has announced increased funding for Central Australian schools in 2024. He has visited twice to meet with school leaders and Education

Department staff regarding the funding. In the coming months we will seek input from our community on improving engagement, wellbeing and participation in learning for our school cohort.

TIRED CHILDREN

We are noticing more and more tired children in our classrooms, especially after weekends. This impacts on their physical and mental health, as well as their overall energy and focus in the classroom.

There is lots of scientific research about sleep and the evidence strongly supports the importance of quality sleep. Ensuring your child is getting enough sleep is one of the most important things you can do for their learning.

It might feel like not much is happening when children are asleep, but their minds and bodies are working hard during this time. This hard work means that they benefit from:

- improved memory, creativity, physical health, and mood
- lower stress
- sharper attention
- increased energy
- better decision making and mental health
- stronger immune system
- improved mood!

There are many things that will help your child sleep better. Here are a few of them:

- make sure they turn off devices one hour before bedtime
- build in regular exercise time during the day
- ensure they are eating healthy meals and drinking lots of water
- have a regular bed time and waking up time – and stick with it, even on the weekends!
- develop a calming routine before they go to bed – have a bath, read a book, listen to some relaxing music
- create a cool, dark and quiet bedroom
- do not let them drink or eat things high in sugar or caffeine, especially close to bed time
- encourage them to get any worries off their chests before they go to bed – write them down in a journal
- make sleep a priority
- make sure they get at least 10 hours uninterrupted sleep every night

These little things will make a BIG difference to your child's general demeanour and ultimately, their learning. It will also support our kids to be the best learners they can be at school.

Kind regards,
Brenda

SCHOOL SNAPSHOT

IMPORTANT DATES

DATE	
Term 3	
Mon 14 th Aug – Fri 25 th Aug	Swimming Year 1/2
Mon 14 th Aug	Science Week – 'Innovation: Powering Future Industries'
Mon 21 st Aug	Book Week – 'Read, Grow, Inspire'
Thurs 7 th Sept	Whole School Concert

READING CHAMPION

The office staff had the pleasure of having Donnie read to them this week. It was fabulous! Keep up the great reading Donnie, we can't wait to hear another story!!



LIFEGUARD TRAINING

Royal Life Saving NT in partnership with NT Government are offering FREE training to eligible Territorians in the field of Pool Lifeguard through the Pre-Employment Program.

The Take the plunge – Teach a skill for life program is about creating employment pathways in the Aquatic Industry across the Northern Territory (NT) using Vocational Education and Training (VET) with a focus on identified skills shortages in Swim Teachers and Pool Lifeguards. Employment within the Aquatic industry can be full time, part time and/or casual.

With the industry projected to grow into the future, it is a great industry to get involved in with lots of opportunities to grow your career and make a meaningful impact in your community. Aquatic industry roles help to make a positive impact on people's lives. They allow you to work all over Australia calling on the many soft skills you may already have from previous jobs or teaching you skills if it is your first job

Bookings are essential, terms and conditions apply. Strictly limited number of positions available.

Alice Springs Training Dates:(Must attend all three courses)

Bronze	22nd September
Medallion	21st September
First Aid	23rd & 24th
Pool	September
Lifeguard	

If you would like to apply for this funded training, please complete the attached application form and email it to the Training Manager: <http://trainingmanagernt@rlssa.org.au>

Contact **Rebecca Gawne**, Training Manager Royal Life Saving Society Australia (NT Branch) Inc for further information. Phone: 0408857808 Email: trainingmanagernt@rlssa.org.au
Website: www.royallifesaving.com.au

[Click here to download the Take the Plunge Application form](#)

NUTRITION NEWS

Hi Larapinta School community!

We are two Nutrition students from Melbourne, Kat and Jess, working at Flynn Drive Community Health Centre to review the School Nutrition Program at Larapinta Primary School.

Over the next couple of weeks, we will be reaching out to the school community to get your feedback on the meals and snacks provided through the School Nutrition Program. Your feedback will be used to help make sure the foods provided are healthier for your children.

To complete the survey, click the link or scan the QR code below.

[Click here to download the School Nutrition Program Feedback Survey](#)

SCAN ME



SCHOOLZINE APP – NEW IMPROVED VERSION

Do you use the Schoolzine Newsletter app? It's free and a great way to keep up to date with important information about upcoming events and exciting things that have been happening at school. It also enables you to view previous newsletters. The newsletter can be read in a range of languages; just select at the top of the page.

Please see below for instructions on how to install/update the SZapp:

SZapp Version 4.0.0



There is a new version of SZapp available for Android and IOS Devices. Please ensure that you have updated to this version to assure you receive communications from the school.

If you are using an Android Device, you will need to uninstall the old app and install the new version.

IOS Devices (iPhones) will be able to update without requiring a re-install.

We apologize for any inconvenience this may cause, but we are confident that the improvements in the new version will make it worth it.

[Click here to download the Printable Installation Guide](#)

PRESCHOOL NEWS

Werte from Preschool

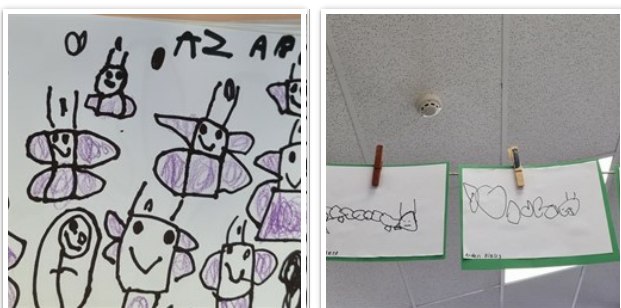
Last week preschoolers came up to the primary school where we engaged in some physical rotation activities run by the senior sports leaders. This was lots of fun and the children responded so positively to the sports leaders' instructions

and participated well in the games - they had egg and spoon races, played under and over, rob the nest and threw balls into a target. They finished the session with some running races and watched on as the sports leaders had a race of their own. They all received a sticker for their participation.



We also went to the school this week to commence our early years assemblies. Transition classes joined us in the hall where we read a story together, met the current Transition teachers and heard some important information from the Transition children - like what the 5 L's are, where you can play, where the toilets are and what a Dojo is. These visits will help support the children when they transition to school next year!

There has been some wonderful learning happening across the two preschool classes. Miss Julia's classes have been exploring the Very Hungry Caterpillar story and have been doing some excellent storytelling and art connected to this. They also have a hair salon set up so if you are after an appointment, please book in.



Miss Katie's class has been going on a prehistoric adventure with the class having its own version of Jurassic Park set up - there is even a volcano! They have also been delving into the science of colour mixing - learning about primary and secondary colours.



Do you have any old hair styling tools (straighteners/driers/curlers) at home? Clips/headbands/large doll heads for styling? Please drop them down to preschool!

CHILD AND FAMILY CENTRE (CFC)

Our vision is that every child has the best possible start to life.

Children and families are at the centre of all we do.

We live and work on Arrernte Country.

Werte!

Families as First Teachers

Our CFC team attended the Annual FAFT forum last week. The forum brought together Family Educators and Family Liaison Officers from across Central Australia and the Barkley region including Alparra, Ampilawatja, Alekarenge, Tennant Creek, Ti Tree, Papunya, N'taria, the Learning with Families Team and Tangentyere Early Learning Services. We talked and learned together about many of the different aspects of supporting families and children to be the best they can be.



Strong Young Parents – Young Fathers

The Young Fathers Program has recently started up a Fathers Group Working Bee. Fathers will alternate between each other's yards completing garden maintenance such as grass cutting, pruning, and creating safe spaces for children to play. This will tie in with the upcoming 'Small Engines Training' delivered by Centre for Appropriate Technology in which fathers will learn how to maintain, repair and safely operate small engines such as chainsaws, whipper snippers and lawn mowers.



Bikes Mwerre!

Our afternoons schedule at Albrecht Oval have had a slight change with delivery now on Monday,

Wednesday, and Thursday afternoons from 3pm-5pm.

Last week six students from Larapinta Primary school selected a bike to repair over the next four weeks in our in school targeted program. It's great to witness their enthusiasm for bike mechanics, and we love having these one-on-one sessions.

Our Yipirinya program has changed to weekly bike rides with the secondary students. We depart each Wednesday from Telegraph Station and have started the term by riding "green" mountain bike trails and hitting some jumps. Some of the students are really nailing the jumps already and we'll be working on some more technical skills over the coming weeks.



Kele Mwerre!

COMMUNITY NEWS

SAVE THE DATE!

WE WILL ROCK YOU

WE WILL ROCK YOU : SCHOOL EDITION
BY QUEEN AND BEN ELTON

THURSDAY 31ST AUGUST

FREE MATINEE PERFORMANCE!

The Minnamurra Hall, St Philip's College
12:00pm - 2:30pm
RSVP: info@stphilips.nt.edu.au

BY ARRANGEMENT WITH DAVID SPICER PRODUCTIONS WWW.DAVIDSPICER.COM.AU



NATIONAL SCIENCE WEEK

Geology of Alice Springs and the Larapinta Trail

BOOK LAUNCH, FIELD TRIP, STEM ACTIVITIES
FREE EVENT - ALL WELCOME
SATURDAY 12 AUGUST 2023, 10:30 AM TO 2 PM
TELEGRAPH STATION RESERVE
[HTTPS://TINYURL.COM/WCZTHSHV](https://tinyurl.com/WCZTHSHV)

ACTIVITIES AND STALLS BY






GEOLOGICAL GUIDEBOOK SUPPORTED BY








Behind the landscape of the Central Ranges

A GEOLOGICAL GUIDE TO THE LARAPINTA TRAIL AND TORBORA / WEST MACDONNELL NATIONAL PARK



ANETT WEISHER