



22 Albrecht Drive
Larapinta NT 0875
Subscribe: <https://larapintaps.schoolzineplus.com/subscribe>

Email: larapinta.primary@education.nt.gov.au
Phone: 08 8958 5155



8 February 2023

PRINCIPAL'S REPORT



Dear Families,

Welcome back to a brand-new school year. We had a great start last week with students settling well into their new classes. We've been excited to welcome new students, families, and staff.

All parents are invited to our fortnightly assemblies, held Friday mornings each odd week of the term, so our next will be on Friday 17th February.

On Tuesday 7th March we hope you will join us for a 'Meet the Teacher' evening and our School Council Annual General Meeting.

Year 1/2 classes will have their swimming lessons later in the term. Notes will go home soon so please look out for these. Consent forms will need to be returned along with payment where still required. Swimming is part of the curriculum, and all children are expected to attend – please give me a call if you have any concerns. Some parents worry that their children are not confident in the water. Rest assured that qualified instructors provide instruction at the right level for each child.

This year NAPLAN (National Assessment Program - Literacy and Numeracy) will be administered in Term 1. Year 3 and 5 students participate in this assessment that takes place over a couple of weeks. More information will be provided to parents of students who will be participating.

It is important that students come to school every day to ensure strong learning. School starts at 8.30am and all students should be at class to start the day. A breakfast program operates from the canteen from 8am. If your child is away, please contact the office to tell us the reason as we must record this on our system. If your child is sick for more than three days a medical certificate is required.

If you haven't been in for uniforms yet, please do so soon as the Back to School vouchers can only be used this term.

We're looking forward to a great term of learning!

Kind regards,

Brenda

SCHOOL SNAPSHOT

Sleep and Our Growing Brains

We all know that sleep is critical for our body to feel rested and ready to learn, but did you know it's also critical for our brains? When we sleep, our brain has a chance to sort things out. Scientists think sleep is the time when the brain sifts through all the learning it has encountered during the day and stores the useful bits. It is also a time when the important brain chemicals are replaced, and problems are solved. Primary school students need **at least 11 hours** of sleep every night which means, if your child is getting out of bed at 7am so they have time for a shower and breakfast before heading to school, they need to be in bed fast asleep by **8pm at the latest**. Children who do not get enough sleep often have trouble concentrating in school and regulating their emotions; poor sleep patterns can also make memory less effective.

To help ensure our students have the best experience, it's important to:

- Establish a regular bedtime and routine and stick to it (including weekends – even one late night can have a negative impact on how we function during the day)
- Avoid screens for at least one hour before bedtime. Lights from screens disrupt the brain's rhythms and make it difficult for it to relax, so send children to bed with a book instead!
- Create a good sleep environment – a dark, cool, and quiet room will help your child sleep well
- No late-night sugary treats!

Screens and Our Growing Brains

We all know that we are in the digital age, where screens are increasingly becoming an important part of our lives. However, we need balance to ensure healthy development! Research has shown that handing children (particularly very young children) a device inhibits their ability to read facial expressions and develop age-appropriate social skills (both things are key components of developing empathy). Screen dependency is a very real problem. Overuse of screens triggers the release of a chemical called Dopamine and too much of this chemical can impair our impulse control, result in poor sleep patterns, delayed speech, and poor social skills. It can also result in behavioural issues, low levels of physical activity, exposure to cyberbullying and depression.

Here are a few tips to ensure safe and healthy use of screens:

- Set some strict boundaries around the use of technology – where it is used, when it is used, how it is used and what safety measures are in place; no more than two hours per day is recommended for primary-aged children.
- Aim for short sessions with regular breaks rather than long screen sessions
- Get your children moving, especially outdoors
- Build in opportunities for your child to imagine and create, experiment, and solve problems; allow them to be 'bored'
- Encourage face-to-face connection with others
- Avoid screens before bed and keep devices out of bedrooms at night

IMPORTANT DATES

DATE	
Tuesday 7th March	Meet the Teacher and AGM
Monday 13th – Friday 24th March	Swimming Year 1/2
Wednesday 15th – Friday 24th March	NAPLAN Year 3 and Year 5
Friday 24th March	Harmony Day Assembly
Wednesday 29th March	Learning Expo T - 6
Thursday 6th April	Last day of term

More information on each of these events will be sent home closer to the time.

SEESAW IN OUR SCHOOL

Seesaw is a classroom learning tool used by all classes at Larapinta. It is used in different ways in different year levels but the big benefit for families is that they can see what their child has been doing at school. The students love sharing their work and receiving acknowledgment from their parents.

Many parents in our school are already using the Seesaw app and will not need to sign up again. If you are not already connected to Seesaw, you will receive an email invite from your child's teacher with simple instructions on how to connect. If you have questions or problems about signing up to Seesaw, please contact the front office or your child's teacher for help. We hope to have all families connected to their child's learning.

REMINDERS

School Uniform Donations

If your child has grown out of their uniforms, we will gladly take donations of any spares. Just drop them into the office and hand to Palisha at the front desk. All donations gratefully received!

School Council

If you are interested in nominating to take up a position on our School Council in 2023, please get in touch to let us know. School Council meets on the third Monday of each month at 5.15pm. It's a great way to be involved in your child's education.

Digital device policy

To manage the use of digital devices, Larapinta School has implemented a 'personal digital devices' policy in line with the NT Department of Education's policy. This includes a 'switched off and securely stored' procedure.


'Switched off and securely stored' means devices that are brought to school are turned off and not accessed, seen, or heard at any time during school hours and are physically secured. Our procedure is for students to turn their phones off, hand them to the front office staff, and sign them in and out each day. Parents and students are required to sign off on the procedure to acknowledge that they understand the restrictions in place.

Major issues relating to the use of personal digital devices in educational environments include:

- Misuse having profound effects on students' health and wellbeing
- Disruption to teaching through the receipt and transmission of messages
- Privacy concerns relating to the ability of many devices to take photographs or record conversations without the knowledge of those being recorded
- Access to inappropriate materials via the internet
- Potential for cyber bullying
- Loss or theft


Parent Contribution

The Larapinta School Council has set the parent contribution for Primary School students at \$110 per year or \$55.00 per semester. This voluntary contribution allows us to enhance the offerings to our students including IT Resources such as Apps and access up to the minute hardware and software; additional enhanced consumable resources to assist student learning; and enrichment opportunities beyond the performances parents pay for via the Back-to-School voucher.



2023 Back to School Payment Scheme


Recommended use of your Back to School Payment



	Year 1-2	Year 3-4	Year 5	Year 6
Swimming Lessons	\$80.00			
Performances	\$20.00	\$20.00	\$20.00	\$20.00
Excursions	\$25.00	\$25.00	\$25.00	
Camp/Sleep Over (first payment final cost)			\$40.00	\$70.00
Bucket Hat (issue at school)	\$12.00	\$12.00	\$12.00	\$12.00
Uniform	\$13.00	\$93.00	\$53.00	\$13.00
Year 6 Polo (from 4th/5th/6th)				\$35.00
Total	\$150.00	\$150.00	\$150.00	\$150.00


An annual parent contribution of \$110 per student is also requested.
The back-to-school voucher cannot be used for this.

Swimming Lessons




Swimming lessons are part of the curriculum for students in Transition, Year 1 and Year 2. A payment of \$80 is required to cover the cost of swimming lessons and transport.

Excursions/Camp**



Throughout the year students participate in excursions related to their classroom learning. Previous excursion locations include the Arakula Arts Centre, the Desert Park, the National Women's Hall of Fame, the Reptile Centre, the Transport Hall of Fame and more. Your contribution covers the costs of your child's participation. Additionally, Year 5 and 6 students participate in school camp and/or sleepover. **Note - The final cost of excursions, camp and sleepovers is to be determined.


Performances



Throughout the year we have visiting performers and educational workshops. Your contribution covers the costs of your child's participation. Past visitors and workshops include The Australian Ballet Company, ~~Donna Kellie~~ ~~Donna Kellie~~, ~~Talkie~~ ~~drumming~~ and ~~Donna~~ ~~Viva~~.

Uniforms - Full uniform is compulsory at all NT Government Schools for students attending TR - YR 9.

Polo Shirt	\$25.00	Bucket Hat	\$12.00
Shorts	\$25.00	Jacket	\$55.00
Skirts	\$25.00	Library Bag	\$10.00
Jumper 1/2 zip	\$45.00	Trackpants	\$20.00




2023 New Year Uniform Sale Times

Tuesday 24th January 9 am - 4 pm

Wednesday 25th January 9 am - 6 pm


Friday 27th January 9 am - 3 pm

Monday 30th January 11 am - 3 pm




The Front Office reopens Tuesday 31st January 2023
Phone: 8958 5155 Email: larapinta.primary@education.nt.gov.au

For Preschool students, the contribution is \$200 per year or \$50.00 per ten-week term. The Preschool contributions allow us to enhance the offerings to our preschool students and enables us to run activities such as painting, making play dough, collage, and home corner dress-ups as well as cooking. This payment helps to ensure we can continue to provide a high-quality early childhood education for your child.



2023 Back to School Payment Scheme

Larapinta Preschool




Recommended use of your Back to School Payment at Larapinta Preschool

Polo Shirt x 2	\$50.00 (\$25 each)
Jumper	\$25.00
Bucket Hat	\$12.00
Library Bag	\$10.00
Excursions	\$20.00
Art Pack	\$33.00
Total	\$150.00


An annual parent contribution of \$200 per student is also requested.
The back-to-school voucher cannot be used for this.

Clothing




Uniforms are not compulsory in preschool; however, a Sun Safe policy does apply. Students must wear a collared shirt and a bucket hat.

Excursions



Throughout the year students participate in excursions related to their learning. Previous excursion locations include Arakula Arts Centre, Desert Park, Telegraph Station, Reptile Centre, Transport Hall of Fame and more. Your contribution covers the costs of your child's participation. **Note - The final cost of excursions is to be determined.

Art Pack



We're all about creativity and discovery at preschool. A contribution for the art pack allows us to purchase everything from paint and glue to glitter and sticky tape. Your budding artist, engineer, rocket scientist or designer will have everything they need to inspire their imagination.


2023 New Year Uniform Sale Times

Tuesday 24th January 9 am - 4 pm

Wednesday 25th January 9 am - 4 pm

Friday 27th January 9 am - 3 pm

Monday 30th January 11 am - 3 pm




2023 New Year Uniform Sale Times

Tuesday 24th January 9 am - 4 pm

Wednesday 25th January 9 am - 4 pm

Friday 27th January 9 am - 3 pm

Monday 30th January 11 am - 3 pm



The Front Office reopens Tuesday 31st January 2023
Phone: 8958 5155 Email: larapinta.primary@education.nt.gov.au

The contribution for 2023 can be paid when you purchase uniforms and access your Back to School voucher.

Enrolment management plan

Larapinta School has an Enrolment Management Plan in place that prioritises enrolment for students within the Larapinta School zone. It requires strict adherence to the priority enrolment area assessment criteria for acceptance of future enrolments. It includes a requirement that adequate proof of residence is provided with an application for enrolment. Additionally, acceptance of a student into the preschool, from outside the priority enrolment area, does not guarantee acceptance of that student into the school for Transition and beyond.

CHILD AND FAMILY CENTRE (CFC)

*Our vision is that every child has the best possible start to life.
Children & families are at the centre of all we do.
We live and work on Arrernte Country.*

Werte!

Bikes Mwerre

During the holiday break Bikes Mwerre ran a one-week school holiday program. Larapinta community kids came down and engaged in all sorts of bike fun. They spent the week fixing bikes, going on many rides around the community and painting the new Bikes Mwerre Trailer!



The Bikes Mwerre after school program will be recommencing soon. Follow their Facebook page to stay up to date!

<https://www.facebook.com/profile.php?id=100087568849818>

BIKES MWERRE - AFTER SCHOOL 2023

3 NEW SESSIONS

Starting Monday 13th Feb
All sessions: 3-5pm, Albrecht Oval

Monday: Mountain Bikes

- Ride our bikes or bring yours
- Learn MTB skills!

Tuesday: BMXs

- Learn skills and tricks.
- Group rides.

Thursday: Bike fixing

- Service your bike
- Build a new bike
- Bring family along to help




Please return the consent form to Larapinta CFC or with your child when they attend the program.

Calling all Larapinta artists! We are holding an exciting competition to design the 'Lhere Pirnte Impatyee 0875 – a safe, happy and connected community' logo. Winners will have their artwork used for a new logo to be seen all around Larapinta. Entries close on the 17th February.



We have had a big first week with lots of CFC kids starting big school. CFC staff have been supporting families and children to transition into their new learning spaces. Children learn best when they are feeling safe, secure, and have a sense of belonging.



Kahlia and Louis coordinate the Strong Young Parents Program based at the Larapinta Child and Family Centre. It is a flexible program supporting young parents or expecting parents up to the age of 25. The program works in partnership with services and the community to support parents engage in health, education, employment, and positive parenting pathways. Check out the brochure detailing what the program is offering in 2023.

There will be an **Info Session on 22nd February 9:30 – 11:30** at the **Larapinta Child and Family Centre** and we are inviting families and services involved with young parents to attend. If you are aware of any young parents or work with any young parents who you feel could benefit from being supported in the program, please forward on to them and share with your networks.

WHY SHOULD I DO THIS

Taking part in this young parent program will set you up to ensure that you will have a strong future for you and your children.

We will ensure that after engaging with this program that you will have:

- All appropriate ID's:
- Birth Certificates
- Drivers Licence (1's & P's)
- Active Card
- 18+ Card
- Tangentyere Card

We will ensure you are on every housing list available.

We want you to gain some skills so that in the future you can get a good job.

CONTACT US

 **8955 5185**

Young Mothers Coordinator
kashia.preece@education.nt.gov.au
Young Fathers Coordinator
louis.egger@education.nt.gov.au

 **Larapinta Child & Family Centre**
 22 Albrecht Drive LARAPINTA NT 0875

 **Larapinta Child & Family Centre**

ONE ON ONE SUPPORT

We will continue to support parents on a one to one basis.

We can still help young parents with transport to appointments if transport is an issue.

We are willing to help your young parents to the best of our availability and if we can't help we will find someone who can.



STRONG YOUNG PARENTS PROGRAM





PRESCHOOL NEWS

What a fantastic start to the year we have had down at preschool and the children are settling into their new play spaces and routines so well. We were amazed by the children's resilience at drop-off times, helpfulness throughout the day and the kindness they have shown towards new friends. Some of our pre-schoolers who are doing their second year have been great role models, supporting their peers with adjusting to the routines and preschool practices.



At preschool, we share lots of information, upcoming events, photos and learning on the Seesaw app. By now you should have received the seesaw invite by email! Please keep an eye out and if you didn't receive this or need any support to sign up or download the app, please see a teacher.

Just a few notes:

Sunscreen is available - please apply in the morning and the teachers will support the children to apply during the day.

Signing in and out every day is a legal requirement so please remember to do so - recording the time and a signature. Our sign-in station is outside Unit 1. Please ensure that it is communicated if another family member/friend is picking up your child as they need to be on the pick-up list on your child's enrolment form. You can leave notes in the diary at the sign-in desk regarding any appointments, early pick-ups, absences. If your child is going to be away, please contact the preschool or the primary school.

Please refrain from bringing in toys from home - there will be opportunities for show and tell throughout the year.

A library has been set up outside of Unit 1 for the children to borrow books each week. Please support your child to choose a book, put it in their book bag and fill out the little note with the book title. Books can be swapped weekly - please only take another book when the previous one has been returned.

Early Learning Teaching Trial

We are working in partnership with the University of Melbourne on a research study to better support children's early literacy and numeracy skills as they get ready for school. Our preschool staff are involved in extra training and coaching to support the children in their learning. We have upcoming parent sessions to further explain the project and we hope you might be able to spare some time to attend to find out more - we'll send out more details soon!

We are looking forward to a wonderful 2023!

MINIROOS KICK OFF
An introductory football program for BOYS AGED 5-11 YEARS

STARTS 08 FEB 2023

5pm to 6pm EVERY WEDNESDAY at Ross Park

Get active and learn to play football in a fun, safe and inclusive learning environment

\$125.00 for 8 sessions

For more information: paula.dacosta@footballnt.com.au

Logos: DIVERSITY is our game, NORTHERN TERRITORY GOVERNMENT, FOOTBALL AUSTRALIA, ACCEPTED HERE

Multilingual STORY TIME

Alice Springs PUBLIC LIBRARY

Ricitos de Oro y los tres osos Gerda Muller

The Adventures of Pili in Colombia Las Aventuras de Pili en Colombia

IN SPANISH! @ YOUR LIBRARY

FRIDAY 17 FEB 3.15PM

Learn and practice some Spanish words and do some fun craft activities!

The Library's collection of Spanish children's picture books will also be on display and are free to borrow!

Yo PUEDO HACER COSAS DIFICILES Mindful Affirmations for Kids AFIRMACIONES CONSCIENTES PARA NIÑOS

COMMUNITY NEWS

MINIROOS KICK OFF
An introductory football program for GIRLS AGED 5-11 YEARS

STARTS 08 Feb 2023

5pm to 6pm EVERY WEDNESDAY at Ross Park

Get active and learn to play football in a fun, safe and inclusive learning environment

\$125.00 for 8 sessions

For more information: paula.dacosta@footballnt.com.au

Logos: DIVERSITY is our game, NORTHERN TERRITORY GOVERNMENT, FOOTBALL AUSTRALIA, ACCEPTED HERE



CRICKET TRIALS FOR UNDER 12

**FRIDAY 10 FEB &
FRIDAY 17 FEB 2023
3:30-4:30PM
JIM MCCONVILLE**

**STUDENTS MUST BE BORN BETWEEN 1 JULY 2010
TO 31 DECEMBER 2013**

**REPRESENT THE CENTRAL REGION TEAM
AT THE NT INTER REGION CRICKET
CHAMPIONSHIP 18 - 20 APRIL 2023 IN
DARWIN**

**GET YOUR PERMISSION FORM FROM YOUR
SCHOOL OR CONTACT
CENTRALSPORT.DOE@EDUCATION.NT.GOV.AU
NO STUDENT CAN TRIAL WITHOUT A SIGNED
PERMISSION FORM.
(APPROX COST OF THE TRIP \$1800PP - GRANTS ARE AVAILABLE)**

School of Sport Education NT Central Region etc : Juliette
centralsport.doe@education.nt.gov.au 0460 037 977
<https://sporteducation.nt.edu.au>

**DO YOU WANT TO
REPRESENT
CENTRAL REGION ?**



AUSTRALIAN FOOTBALL TRIALS

Under 12 Boys & Girls

**Thursday 9 Feb & Friday 10 Feb 2023
4:30pm - 5:30pm**



Jim McConville, Alice Springs

Students must be born between 1 Jan 2011 to 31 December 2013

NT Inter Region Championship will be held in Darwin 28 - 31 March 2023 at TIO Stadium, Marrara, Darwin

Approx cost of the trip \$1800 pp (grants are available)

Get your permission form from your school or contact
centralsport.doe@education.nt.gov.au for a copy of the
permission form. No student can trial without a signed
permission form.

School of Sport Education NT Central Region etc : Juliette
centralsport.doe@education.nt.gov.au 0460 037 977

<https://sporteducation.nt.edu.au>

[Privacy Policy](#) | [Cookie Policy](#)