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8 March 2017

## Principal's Report



Dear Parents/Carers and Families,

### MEET THE TEACHER and AGM

A reminder that our Meet the Teacher evening is on next Tuesday evening from 5-6pm. Please come along to meet your child's teacher, visit the classroom and hear about the year ahead for your child.

Following this session please join us in the Music Room for the School Council Annual General Meeting where we will elect our new council for 2017. Council meetings are held on the third Monday of each month at 5.45pm. It is important that members are able to commit to attend these meetings.

### PARENT/CARER CONTACT DETAILS

We will be sending out a form for parents to confirm or change contact details in order to ensure the school has the correct information in the case of the need to notify you. It is vitally important that we have the most up to date contact details for parents and secondary emergency contacts. Please fill in the form as a matter of urgency and return to the school as soon as possible.



### CHOIRS

This year we started with three choirs (adding in a Year 1/2 junior group). Unfortunately due to time constraints we will not be able to continue this choir. The Year 1 and 2 students do, however, have lots of opportunity to sing during music lessons each week. The senior choir (Year 5/6) will participate in The Beat performance at Araluen in Term 4 and much of their choir practice will be focused on preparation for the performance. Belinda Young our music teacher is also the choir conductor and is to be commended for the work she does to prepare students for various performances across the year.

## SLEEP

Did you know that:

- Children aged 6-13 years generally need between 9-11 hours of sleep per night
- Sleep deprivation increases the risk of depression by five-fold
- Australia is the 5th most sleep deprived country in the world.
- Sleep and obesity are linked.
- Lack of sleep affects one's ability to learn
- Screens (tv, computers, ipads, phones) emit light that make sleep difficult
- Getting enough sleep is the number one strategy to being your best.

<https://sleepfoundation.org/>

<https://sleep.org/>

**Kind regards,  
 Brenda**

## School Snapshot

### NEIGHBOUR DAY

Neighbour Day is Australia's annual celebration of community, encouraging people to connect with those who live in their neighbourhood. The principal aim is to build better relationships with the people who live around us, especially the elderly and vulnerable. Neighbour Day is celebrated on the last Sunday in March every year. The theme this year is 'The Importance of Social Connection for the Elderly'. Read more about Neighbour Day below:

<http://www.neighbourday.org/>

### Uniforms/Swimming

Don't forget that you can use your Back to School Payment to pay for the swimming program, performances, excursions etc

depending on which year level your child is in. If you haven't done so yet please come into the front office to complete the paperwork and pick up uniforms. The payment is only available until the end of this term.

## Parent Contribution

Our school relies on the parent contribution of \$100 per child to ensure good quality resources for your child to use here at school. The contribution can be made at the front office. This can be paid in full or in instalments. We thank you for attending to this as soon as possible.

## Medications at school

If your child is required to be given medication at school (ie antibiotics, Panadol, cough syrup), please ensure that you visit the front office and complete the required paperwork. First Aid staff cannot administer any medication without required consents. All medications are to be kept in the First Aid room. Children should not have asthma puffers etc in their school bags.



## 3/4 Morton News

During health lessons students in Year 3/4 Morton have been learning about the skills that they can use to help them to build and maintain respectful relationships with their peers. They have been exploring the personal factors that contribute to their identities and have been discussing the qualities that they value in friendships. We have discovered that a number of the qualities that we valued linked to our Larapinta learner qualities. During art lessons students created self-portrait caricatures and listed the qualities that they identified with most around the borders. These bright pieces of art will decorate our room for the 2017 school year to remind us that everybody is valued and we all belong in our learning place.



## Preschool News

We would like to say thanks to all our families for coming to the parent meetings over the last couple of weeks. It is great to have so many families wanting to work in partnership with us to provide the best possible program for the children here at Larapinta Preschool.

A big thank you to Zoey Smith for nominating to become our Preschool representative for School Council.

Book Fair is happening at preschool in Week 8 so please come and buy from the fantastic range of books.

### The dates are:

Monday March 20th to Thursday 23rd

8:15-9am

3-3:45pm

Friday 24th 8:15-9am

Cash Sales only

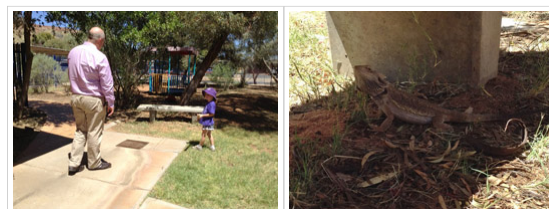
### What the children have been doing at preschool:

The children have been investigating using our big plumbing pipes for water on water play day and in this photo we developed a whole river system with a bridge over the top.



Outcome 4.2a) Learning and Thinking: Children develop a range of skills and processes for learning and thinking developing problem solving, investigation and inquiry strategies.

We have also been very excited to see our native wildlife returning after all the construction work has finished. We discussed the importance of looking after our lizards and respecting the environment. This is an animal we observe from a distance. We observed that our lizard had loose skin on his tail and thought about possible explanations and shared our discoveries with family.



Outcome 2.4b) Become socially responsible and show respect for the environment: investigate the interactions between the environment and its people



## Child and Family Centre (CFC)

*Larapinta Child & Family Centre works in collaboration with families to strengthen the health and well-being of young children (0-5).*

### Young Mums & their families



Last Tuesday (28 February) we had a special BBQ and family playgroup for young mums (22 yo and younger), their children and their families. 17 young mums came with their nanas and sisters and children! It was great fun – thanks to the BabyFaST team, Congress family support teams, and Flynn Dr for their support too! Our Baby FaST program begins this week, Tuesday 28 February to support young families – for the sake of the baby!

### Visit from Minister for Children

Our Child & Family Centre hosted a visit from the Honorable Minister for Children, Nicole Manison MLA on Friday 3 March. Minister Manison was very impressed with the way our primary school, preschool, early learning centre (child care) and our family centre are all working together to support families with young children. Minister Manison chairs a special whole of government committee that is focused on improving support for families and children and said that our work is an example of what they are aiming for across the territory!

### Breastfeeding welcome here!

We are a breastfeeding friendly venue (anytime, anywhere)! Did you know there is a law which prevents women from being asked to leave premises when they are breastfeeding?

Do you need some additional breastfeeding support? Call the breastfeeding helpline on 1800 686 268 or visit below:

<https://www.breastfeeding.asn.au/>



## Community News



**DUPRADA DANCE COMPANY PRESENTS**

## LA FILLE MAL GARDÉE

(The Wayward Daughter)

Sunset Performance 6:30pm 24th & 25th March 2017

Tickets available from

Araluen Box Office - 8951 1122

Or Online at [www.araluenartscentre.nt.gov.au](http://www.araluenartscentre.nt.gov.au)

Adult \$38 Concession \$34 Student \$28 Child \$18

## Australasian Bat Night

**FRIDAY 17 MARCH**

**@ SIMPSONS GAP SCHOOL CAMPGROUND**

Join us to learn about the microbat species of central Australia on these two activities.

### CHILDRENS ACTIVITIES

**WHEN:** 5 pm to 6.30pm

**BRING:** Wear sturdy shoes. Children must be accompanied by an adult.

**COST:** Free

followed by...

### GUEST SPEAKER

**ERIN WESTERHUIS**

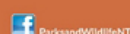
on Central Australian micro bats, bat habitat and bat tracking

**WHEN:** 6.30pm to 8pm

**BRING:** Chair or rug to sit on plus torch to spot bats.

**COST:** Free

Contact Susie on 8951 8247 or email [susie.arnes@nt.gov.au](mailto:susie.arnes@nt.gov.au) for more information.



[www.nt.gov.au/parks](http://www.nt.gov.au/parks)





**PROUDLY SUPPORTS**

## THE COMMUNITY BANK DSF 1000M

**Distance:** 1000m (1km)  
**When:** Sunday 2nd April from 4:45pm  
**Where:** Rhonda Diano (Head St) Oval  
**Category's:** Male & Female: 12&U, 17&U & Open

**Prize Money:**

	<b>Open &amp;</b>	
	<b>17&amp;U</b>	<b>12&amp;U</b>
1st	\$300	\$50
2nd	\$200	\$30
3rd	\$100	\$20

Alice Springs Athletics  
 Come & Try Day From  
 3pm!  
 Sausage Sizzle for Sale!

**TO ENTER**

Please call Murray Stewart 0407 256 428. Entry cost \$5 and goes towards the DSF. NO entries accepted on the day. Each race capped at 14 participants.



**Alice Springs Athletics Club**

3:30pm to 5:30pm  
 Rhonda Diano Oval (Head Street)

\*\*NT Government Sport Vouchers Accepted\*\*

# 2017 Calendar

**'Come and Try' - \$5pp**

Wednesday 29 March - 4.30 - 5.30pm

Sunday 2 April - 3pm - 4pm

Sunday 23 April	WEEK 1	
Monday 1 May		May Day Long Weekend (NO Athletics)
Sunday 7 May	WEEK 2	
Sunday 14 May	WEEK 3	
Sunday 21 May	WEEK 4	
Sunday 28 May	WEEK 5	
Sunday 4 June	WEEK 6	
Monday 12 June		Queen's Birthday/Finke Long Weekend (NO Athletics)
Sunday 18 June	WEEK 7	
Sunday 25 June	WEEK 8	
Monday 26 June - Friday 21 July		Winter School Holidays (Athletics on first Sunday only)
Sunday 30 July	WEEK 9	
Monday 7 Aug		Picnic Day Long Weekend (NO Athletics)
Sunday 13 Aug	WEEK 10	Central Australia Athletics Championships
Sunday 20 Aug	WEEK 11	
Sunday 27 Aug	WEEK 12	
Sunday 3 Sept	WEEK 13	NT Championships
Sunday 10 Sept	WEEK 14	
Sunday 17 Sept		Club Presentation Day



DANCE | TUMBLE | CHEER

**FAD**  
*Cheer & Dance*  
**ALICE SPRINGS**

**RECREATIONAL CLASSES**

**JAZZ**  
 Do you want to dance like a pop star? Then join our Jazz classes

**CHEER & TUMBLE**  
 Fully credentialed IASF Cheer Coaches

**HIP HOP**  
 Join the FAD hip hop crew to learn the freshest moves, freezes & tricks

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